



## Northern Health Policy

Please ensure that you send us your child's immunization record in **English** before they come to school. It's important to note that students who are not fully vaccinated are NOT allowed to stay on campus in New York state. Additionally, we require your child to undergo a physical examination (PE) every academic year. This is to ensure the best care for your child's health and to screen for any conditions that could impact their learning.

### PE (Physical Examination) Requirement

#### Dormitory Students:

- All our dormitory students are required to undergo a PE (physical examination) and establish a medical account at NMC (Northern Medical Center), which is within walking distance of our school. This is to ensure the safety and healthcare of dormitory students in the absence of their parents.
- If you have health insurance accepted by NMC or have chosen the NMC insurance package and would like to bring your child for the PE independently, please call 845-800-5118 ext. 1 to schedule an appointment. Otherwise, the school nurse will arrange your child's PE at NMC upon your child's arrival.
- If you are unsure whether your insurance will cover the PE at NMC, please visit [NMC Insurance Policy FAQ](#) for health insurance information. Alternatively, you can send an inquiry with your insurance card to [health@northernacademy.org](mailto:health@northernacademy.org), and the nurse will be able to assist you.

#### Non-Dormitory Students:

- For non-dorm students, any PE with a doctor's signature within the past year is acceptable. If your child has not had a PE in the past year, please bring the [New York State Physical Examination Form](#) to your family doctor or to NMC for a checkup.
- For students whose health insurance does not cover PE at NMC, the PE will cost \$250, or cost \$99 with the purchasing of the NMC \$297 insurance package ([NMC Insurance Policy FAQ](#)). To book an appointment with NMC, please call 845-800-5118 ext. 1.

### Immunization Requirement

According to New York state health regulations, students must be fully vaccinated if they wish to attend school in New York state. Students who are not fully vaccinated will not be able to stay on campus and may face a significant penalty. Please take your child to your family doctor or NMC to receive any missing vaccines. For dormitory students who have insurance accepted by NMC, the school nurse can arrange them for their vaccinations.

Alternatively, there is a free immunization clinic sponsored by the local government in Middletown known as the Immunization Clinic of Orange County. You can reach them at 845-291-2330. Please be aware that our school staff cannot accompany your child to this clinic. Additionally, note that your child must complete any overdue vaccines within 14 days of arriving on campus. If you are unable to secure an appointment within this time frame, your child will need to remain at home until their vaccination is completed.



# NORTHERN ACADEMY

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The NYS immunization requirement form can be found [via this link](#). Please compare it to your child's immunization record and add any missing vaccines. If you are unsure about what vaccines your child is missing, you can send your child's immunization record to [health@northernacademy.org](mailto:health@northernacademy.org) for assistance.

**Note:** When your child is entering 6th grade, they need to add a Tdap vaccine. If your child is entering either 7th or 12th grade, they need to add a MenACWY vaccine. Students who do not receive these vaccines will not be able to stay on campus and may face a significant penalty.

You can find the link to the New York state immunization requirement form [via this link](#).