

# Northern Academy Breakfast Buffet Menu

Seasonal Fruits Available Daily

	<b>Menu</b>	
<b>Monday</b>	Cereal Hash Browns Broccoli	Breakfast Sausage Croissant Boiled Egg
<b>Tuesday</b>	Fried Egg Western Style Chinese Savory Crepe Tomato Lettuce Salad Juice	Roasted Potato With Beef Sausage Salt & Pepper Rolls Porridge Milk
<b>Wednesday</b>	Roasted Pork Patty French Toast Salt & Pepper Rolls Porridge Juice	Cereal Whole Wheat Bread Boiled Egg Yogurt Milk
<b>Thursday</b>	Roasted Pork Patty Fried Eggs In Western Style Whole Wheat Bread Juice	Cinnamon Rolls Scalded Green Vegetables Porridge Milk
<b>Friday</b>	Belgium Waffles Salt & Pepper Rolls Tomato Salad Juice	Roasted Beef Sausage Porridge Yogurt Porridge Milk
<b>Saturday</b>	Cereal Chinese Savory Crepe Roasted Potato Patty Cucumber Salad Juice	Sausage Pancakes Shangdong Buns Buttermilk Bread Porridge Milk

# Northern Academy Lunch Buffet Menu

Salad Bar & Seasonal Fruits Available Daily

	<b>Western Menu</b>	<b>Asian Menu</b>
<b>Monday</b>	<ul style="list-style-type: none"> <li>● Hamburgers Or Sticky Rice</li> <li>● Beef Bolognese</li> <li>● Baked Chicken Steak</li> <li>● French Fries</li> </ul>	<ul style="list-style-type: none"> <li>● Red-Braised Pork Belly</li> <li>● Stir-Fried Shrimp</li> <li>● Steamed Egg Custard With Scallions</li> <li>● Two Dishes Of Seasonal Vegetables</li> </ul>
	Soup Of The Day: Taro and Red Bean Soup	
<b>Tuesday</b>	<ul style="list-style-type: none"> <li>● Spanish Rice</li> <li>● Farfalle with Cheesy Buttered Shrimp</li> <li>● Chicken Curry</li> <li>● Fried Chicken</li> </ul>	<ul style="list-style-type: none"> <li>● Stewed Beef With Tomato And Radish</li> <li>● Braised Chicken Legs</li> <li>● Steamed Eggplant</li> <li>● Two Dishes Of Seasonal Vegetables</li> </ul>
	Soup Of The Day: Bone Broth Soup	
<b>Wednesday</b>	<ul style="list-style-type: none"> <li>● Pizza</li> <li>● Creamy Bacon And Mushroom Pasta</li> <li>● Fried Chicken</li> <li>● Baked Pork Steak</li> </ul>	<ul style="list-style-type: none"> <li>● Twice Cooked Sliced Pork</li> <li>● Stir-Fried Tomato With Egg</li> <li>● Stir-Fried Holland Green Beans</li> <li>● Two Dishes Of Seasonal Vegetables</li> </ul>
	Soup Of The Day: Lemonade	
<b>Thursday</b>	<ul style="list-style-type: none"> <li>● Western-Styled Fried Rice With Bread</li> <li>● Beef Lasagne</li> <li>● Fried Chicken</li> <li>● Roasted Meatballs (Pork And Beef)</li> </ul>	<ul style="list-style-type: none"> <li>● Steamed Fish Cutlet</li> <li>● Sweet And Sour Pork Ribs</li> <li>● Red-Braised Tofu</li> <li>● Two Dishes Of Seasonal Vegetables</li> </ul>
	Soup Of The Day: Fish Tofu with Seaweed Soup	
<b>Friday</b>	<ul style="list-style-type: none"> <li>● Hot Dogs Or Spanish Rice</li> <li>● Creamy Sausage Pasta</li> <li>● Salt-Baked Chicken</li> <li>● Fried Squash</li> </ul>	<ul style="list-style-type: none"> <li>● Red-Braised Meatballs</li> <li>● Steamed Egg Custard With Chili</li> <li>● Black Peppered Chayote</li> <li>● Two Dishes Of Seasonal Vegetables</li> </ul>
	Soup Of The Day: Snow Fungus and Jujube Soup	
<b>Saturday</b>	<ul style="list-style-type: none"> <li>● Cake Or Bread</li> <li>● Spaghetti</li> <li>● Baked Hotdog</li> </ul>	<ul style="list-style-type: none"> <li>● Stewed Pork Ribs With Pumpkin</li> <li>● Stir-Fried Shrimp And Eggs</li> <li>● Two Dishes Of Seasonal Vegetables</li> </ul>
	Soup Of The Day: New England Clam Chowder	
<b>Sunday</b>	<ul style="list-style-type: none"> <li>● Sandwich Or Hotdog</li> <li>● Spaghetti</li> <li>● Baked Sweet Yam</li> <li>● Bacon &amp; Egg Salad</li> </ul>	<ul style="list-style-type: none"> <li>● Stewed Potato With Beef</li> <li>● Peking Shredded Pork</li> <li>● Two Dishes Of Seasonal Vegetables</li> </ul>
	Soup of the Day: Egg Drop with Seaweed Soup	

# Northern Academy Dinner Buffet Menu

Salad Bar & Seasonal Fruits Available Daily

	<b>Western Menu</b>	<b>Asian Menu</b>
<b>Monday</b>	<ul style="list-style-type: none"> <li>● Japanese Toast Or Sushi</li> <li>● Creamy Chicken Penne</li> <li>● American-Styled Smoked Pork</li> <li>● Fried Plantain</li> </ul>	<ul style="list-style-type: none"> <li>● Stir-Fried Diced Chicken In Bean Paste</li> <li>● Steamed Egg With Scallions</li> <li>● Two Dishes Of Seasonal Vegetables</li> </ul>
	Soup Of The Day: Winter Melon Soup	
<b>Tuesday</b>	<ul style="list-style-type: none"> <li>● Bacon Pasta</li> <li>● Mashed Potato</li> <li>● Baked Chicken Strip</li> <li>● Fried Spring Rolls</li> </ul>	<ul style="list-style-type: none"> <li>● Steamed Meat Pancakes</li> <li>● Stir-Fried Shredded Pork With Chili Pepper</li> <li>● Two Dishes Of Seasonal Vegetables</li> </ul>
	Soup Of The Day: Mung Bean (Green Bean) Soup	
<b>Wednesday</b>	<ul style="list-style-type: none"> <li>● Bavarian Pretzel Stick</li> <li>● Smoked Maple Sausages</li> <li>● Baked Sweet Yam</li> </ul>	<ul style="list-style-type: none"> <li>● Black Bean Noodles with Pork</li> <li>● Sweet And Sour Chicken</li> <li>● Stir-Fried Pork</li> <li>● Two Dishes Of Seasonal Vegetables</li> </ul>
	Soup Of The Day: Tomato Egg Drop Soup	
<b>Thursday</b>	<ul style="list-style-type: none"> <li>● Sandwich</li> <li>● Baked Pork Sausage</li> <li>● Baked Fish Steak</li> </ul>	<ul style="list-style-type: none"> <li>● Shrimp Chow Mein</li> <li>● Stir-Fried Shrimps With Broccoli</li> <li>● Rice Mixed With Lamb</li> <li>● Two Dishes Of Seasonal Vegetables</li> </ul>
	Soup Of The Day: Taro and Red Bean Soup	
<b>Friday</b>	<ul style="list-style-type: none"> <li>● Bacon Rotini Pasta</li> <li>● Baked Potato Or Eggplant</li> <li>● Beef Patty</li> <li>● Coleslaw</li> </ul>	<ul style="list-style-type: none"> <li>● Stir-Fried Shredded Beef In Bean Paste</li> <li>● Minced Pork With Tofu</li> <li>● Two Dishes Of Seasonal Vegetables</li> </ul>
	Soup Of The Day: Pumpkin Soup	
<b>Saturday</b>	<ul style="list-style-type: none"> <li>● Spaghetti</li> <li>● Buffalo Chicken Wrap</li> <li>● Grilled Cheesecake</li> </ul>	<ul style="list-style-type: none"> <li>● Curry Chicken</li> <li>● Stir-Fried Vermicelli With Minced Pork</li> <li>● Two Dishes Of Seasonal Vegetables</li> </ul>
	Soup Of The Day: Mung Bean (Green Bean) Soup	
<b>Sunday</b>	<ul style="list-style-type: none"> <li>● Seaweed Wrap Or Pilaf</li> <li>● Baked Squash</li> <li>● Korean Pickles</li> </ul>	<ul style="list-style-type: none"> <li>● Stir-Fried Eggs With Squash</li> <li>● Stir-Fried Pork With Chili Pepper</li> <li>● Two Dishes Of Seasonal Vegetables</li> </ul>
	Soup Of The Day: Tofu Kelp Soup	